

The daily menu is subject to change without advanced notice.

Fulton County Schools Elementary School Lunch Menus FEBRUARY 2010

**NATIONAL HEART WEEK
FEBRUARY 9TH—13TH, 2010**

<p>1</p> <p>Spaghetti Casserole Wheat Roll Chicken Tenders Glazed Carrots, Steamed Broccoli Pears, Apple *Yogurt & Cheese Pak</p>	<p>2</p> <p>Chicken Nachos Hot Dog *Stuffed Crust Dippers w/Pizza Sauce Cole Slaw, Seasoned Green Beans, Peaches Apple Juice Turkey Chef Salad</p>	<p>3</p> <p>Chicken Noodle Soup w/ *Grilled Cheese Sandwich Tacos (Hard Shell), Mexican Rice Shredded Lettuce & Tomato, Green Peas, Mexican Corn Mandarin Oranges, Bananas Smoked Turkey & Cheese Wrap</p>	<p>4</p> <p>BBQ Chicken Wheat Roll *Cheese Pizza Sweet Potato Soufflé Garden Salad, Pineapple Tidbits, Grape Juice Chicken Tender Salad Oatmeal Raisin Cookie</p>	<p>5</p> <p>Shrimp Poppers w/ *Macaroni & Cheese BBQ Pork on Bun California Blend Vegetables French Fries, Rosey Applesauce Oranges Pizza Pak</p>	<p>The following milk choices are offered daily: 2%, 1%, Skim, Chocolate & Strawberry</p>
<p>8</p> <p>BBQ Turkey Plate, Texas Toast Chicken Fajitas, Shredded Lettuce & Tomato, Whipped Potatoes, Steamed Broccoli Apricots, Apples *Yogurt & Cheese Pak</p>	<p>9</p> <p>Chili w/Beans *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll, Roasted Italian Potatoes, Baby Carrots w/Dressing Spiced Apples, Orange Juice Turkey Chef Salad</p>	<p>10</p> <p>Rotisserie Chicken Wheat Roll, Cheeseburger Lettuce, Tomato & Pickle, Cheese Pizza Pak Tater Tots, Green Beans Peaches, Bananas</p>	<p>11</p> <p>Nachos Grande, Salsa Spicy Asian Strips, Rice, Wheat Roll *Cheese Nachos, Shredded Lettuce & Tomato, Peas & Carrots Pineapple Tidbits, Grape Juice Yogurt Cheese Pak Cherry Crisp</p>	<p>12</p> <p>TEACHER WORK DAY SCHOOLS CLOSED</p>	<p>Elementary Meal Prices: Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.00 Adult Breakfast.....\$1.50</p> <p>Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00 Adult Lunch.....\$3.05</p>
<p>15</p> <p>PRESIDENTS' DAY SCHOOLS CLOSED</p>	<p>16</p> <p>Chicken Nachos Hot Dog *Stuffed Crust Dippers w/Pizza Sauce Cole Slaw, Seasoned Green Beans, Peaches Apple Juice</p>	<p>17</p> <p>Chicken Noodle Soup w/ *Grilled Cheese Sandwich Tacos (Hard Shell), Mexican Rice Shredded Lettuce & Tomato, Green Peas, Mexican Corn Mandarin Oranges, Bananas</p>	<p>18</p> <p>BBQ Chicken Wheat Roll *Cheese Pizza Sweet Potato Soufflé Garden Salad, Pineapple Tidbits, Grape Juice Chicken Tender Salad</p>	<p>19</p> <p>Shrimp Poppers w/ *Macaroni & Cheese BBQ Pork on Bun California Blend Vegetables French Fries, Rosey Applesauce Oranges Pizza Pak</p>	
<p>22</p> <p>BBQ Turkey Plate, Texas Toast Chicken Fajitas, Shredded Lettuce & Tomato, Whipped Potatoes, Steamed Broccoli Apricots, Apples *Yogurt & Cheese Pak</p>	<p>23</p> <p>Chili w/Beans *Grilled Cheese Sandwich Chicken Nuggets, Wheat Roll, Roasted Italian Potatoes, Baby Carrots w/Dressing Spiced Apples, Orange Juice Turkey Chef Salad</p>	<p>24</p> <p>Grilled cheese sandwich Carrots& ranch Peach cups cookie Or Yogurt & cheese pak 1/2 day early release</p>	<p>25</p> <p>Nachos Grande, Salsa Spicy Asian Strips, Rice, Wheat Roll *Cheese Nachos, Shredded Lettuce & Tomato, Peas & Carrots Pineapple Tidbits, Grape Juice Yogurt Cheese Pak Cherry Crisp</p>	<p>26</p> <p>Fish Nuggets, Wheat Roll *Cheese Pizza Mixed Vegetables, Coleslaw Mixed Fruit, Oranges Ham & Cheese Sub</p>	<p>Fulton County School Nutrition Program The Meadows Operations Center 5270 Northfield Boulevard College Park, Georgia 30349 404-669-8960</p>

Non-Discrimination Statement: The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.



Fulton County Schools

Elementary School Breakfast Menus

February 2010

The daily menu is subject to change without advanced notice.

1 Sausage Biscuit Assorted Jelly Honey Nut Toastey O's Orange Juice Choice of Milk	2 Ham & Cheese Biscuit Assorted Jelly Frosted Flakes Apple Juice Choice of Milk	3 Chicken Biscuit Jelly Honey Nut Toastey O's Orange Juice Choice of Milk	4 Whole Grain Waffles Syrup Tootie Fruities Apple Juice Choice of Milk	5 Pancake on a Stick Honey Nut Toastey O's Orange Juice Choice of Milk	Elementary Meal Prices: Reduced Breakfast.....\$0.30 Full-Price Breakfast.....\$1.00 Adult Breakfast.....\$1.50 Reduced Lunch.....\$0.40 Full-Price Lunch.....\$2.00 Adult Lunch.....\$3.05
8 Toast w/Cheese Honey Nut Toastey O's Orange Juice Choice of Milk	9 Grits & Cheese Sausage Patty Frosted Flakes Apple Juice Choice of Milk	10 Whole Wheat Breakfast Bun Honey Nut Toastey O's Fresh Banana Choice of Milk	11 Sausage Biscuit Assorted Jelly Tootie Fruities Apple Juice Choice of Milk	12 TEACHER WORK DAY SCHOOLS CLOSED	
15 PRESIDENTS' DAY SCHOOLS CLOSED	16 Ham & Cheese Biscuit Assorted Jelly Frosted Flakes Apple Juice Choice of Milk	17 Chicken Biscuit Jelly Honey Nut Toastey O's Orange Juice Choice of Milk	18 Whole Grain Waffles Syrup Tootie Fruities Apple Juice Choice of Milk	19 Pancake on a Stick Honey Nut Toastey O's Orange Juice Choice of Milk	
22 Toast w/Cheese Honey Nut Toastey O's Orange Juice Choice of Milk	23 Grits & Cheese Sausage Patty Frosted Flakes Apple Juice Choice of Milk	24 Chicken biscuit Honey nut toasty o's O.j. Choice of milk Early release day	25 Sausage Biscuit Assorted Jelly Tootie Fruities Apple Juice Choice of Milk	26 French Toast Sticks Syrup Honey Nut Toastey O's Orange Juice Choice of Milk	
“NATIONAL HEART WEEK” FEBRUARY 9-13, 2010					

***Non-Discrimination Statement:** The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, age, or disability. Persons with disabilities who require alternative means for communication of program information (Braille, large print, audiotape, etc.) should contact USDA's TARGET Center at (202) 720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.